

# SHE'S GOT IT ALL:

## ATHLETIC ABILITY, DRIVE,

## AND PRESSURE TO FOCUS ON SCHOOL, NOT SPORTS.



As girls work to develop their badminton skills and pursue athletic dreams, pressure to focus exclusively on academics can become intense. Being torn between athletic passion and academic expectations makes it difficult to perform on court and in the classroom. Coaches and organizers can support their athletes by communicating the ways sport can enhance school performance, and help keep girls playing.

Let's change the game at [yourrole.womenandsport.ca](http://yourrole.womenandsport.ca)